

Food for all the Community

Every Tuesday 3-5pm



Linden Hall
Community Centre



Linden Hall & Surplus to Supper are offering freshly cooked meals for people in the local Hampton community to eat in or takeaway. You can take away frozen meals and any surplus food on offer that would otherwise be thrown away. It's pay as you can afford so help yourself for free or make a charitable donation.



Linden Hall Community Centre, Linden Road, Hampton, TW12 2JG

0208 941 2373 enquiries@lindenhall.org.uk

www.lindenhall.org.uk

Linden Hall Community Centre Activities



Linden's
social club

Every Tuesday, Thursday & Friday
10am-2pm

Sociable enjoyment for the over 55's.

Every Monday & Wednesday

9.30-11.30am

Stay & play fun for your little ones



**Linden's
Little Larks**

Parent & Toddler Group

Seated Exercises



Short Mat Bowls

Every Monday 1-3pm

Linden's sing along



Every Tuesday 1-2pm

Bingo



Tuesday & Thursday 1-2pm



Every Tuesday 11-11.45am



Table Tennis

Every Wednesday

1.30-3.30pm

**ZUMBA®
gold**

Every Friday 10.15-11.15am

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